



Navy Suicide Prevention Program



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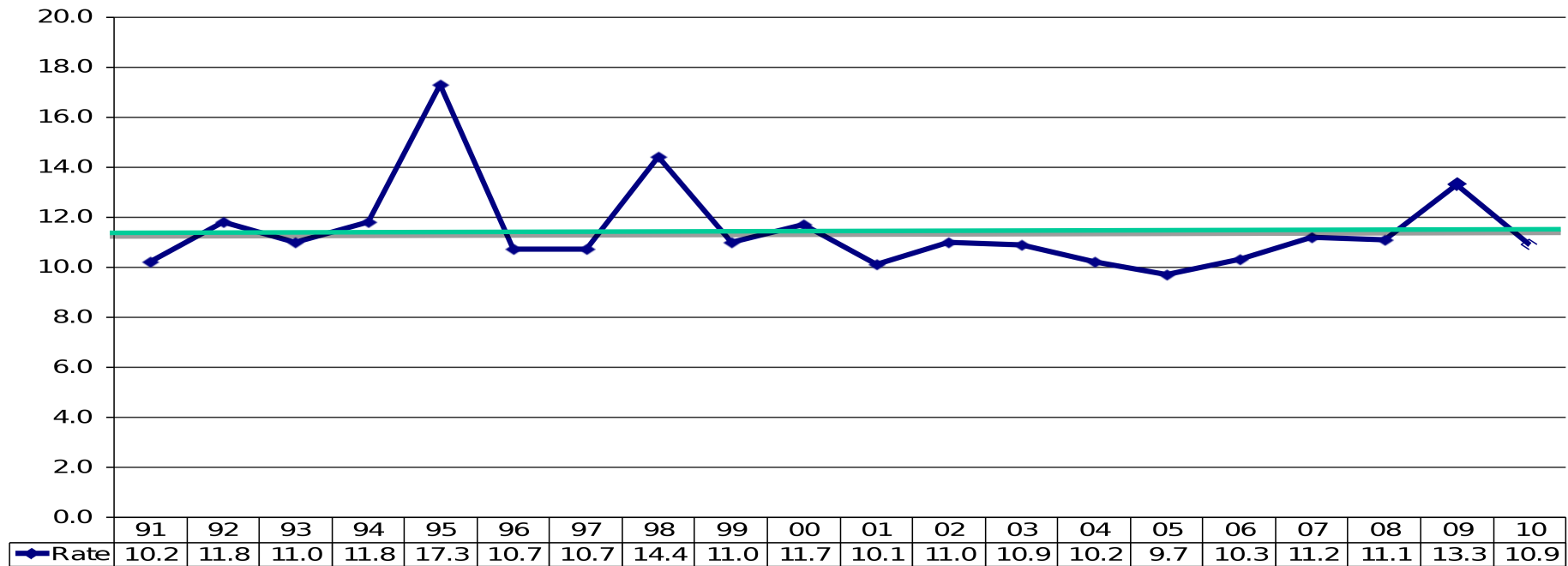
March 2011

Unclassified



Data Overview - Recent Data

NAVY ACTIVE DUTY SUICIDE RATE PER 100K PER YEAR 1991-2010*



* 2010 preliminary rate includes suspected cases pending confirmation

In 2010, 1484 Suicide Related Behaviors were reported by commands.

These Sailors received assessment, intervention and support.

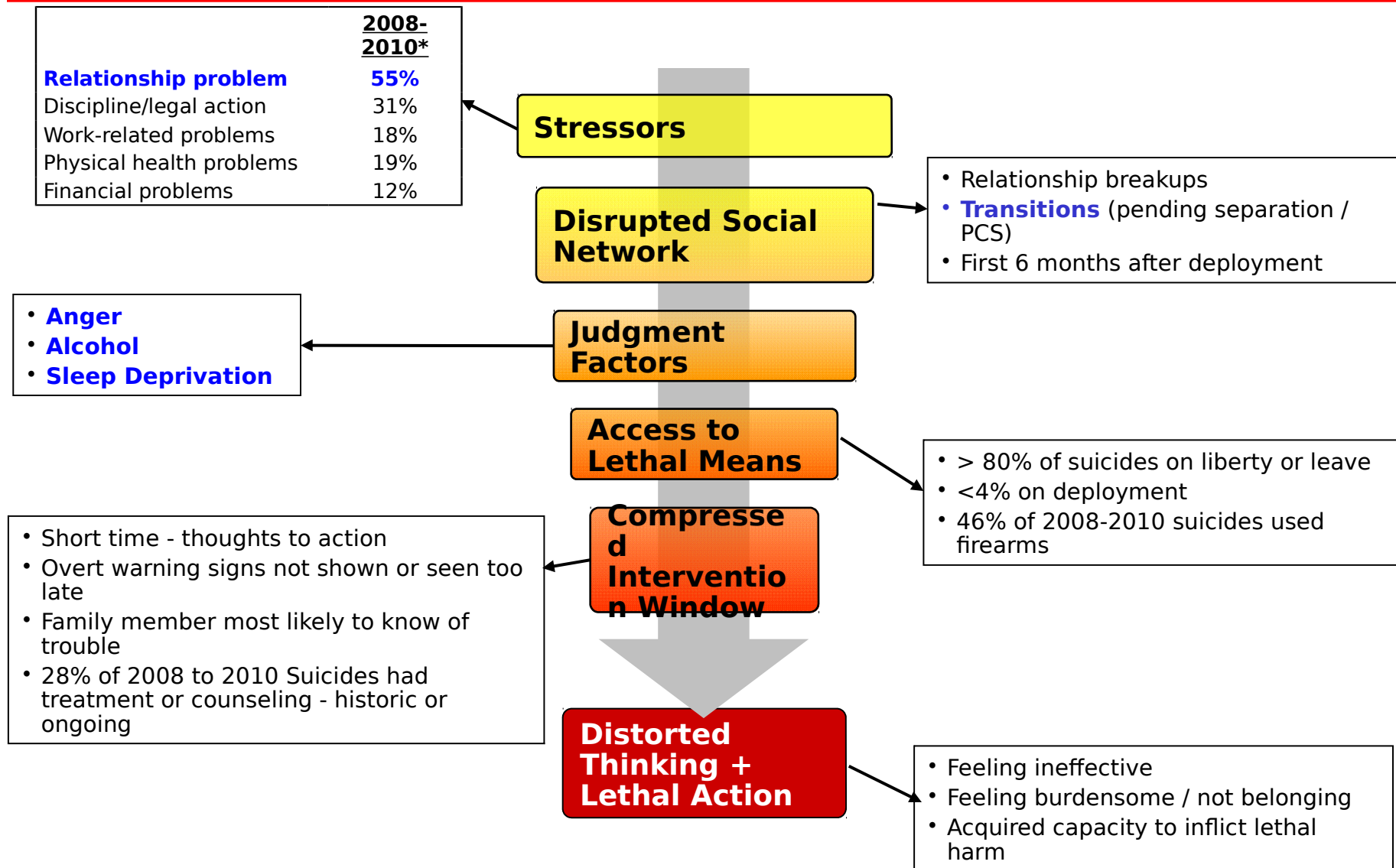
Ratio of SRB to Suicides

2010: 39 to 1 2009: 29 to 1

More intervention - fewer deaths

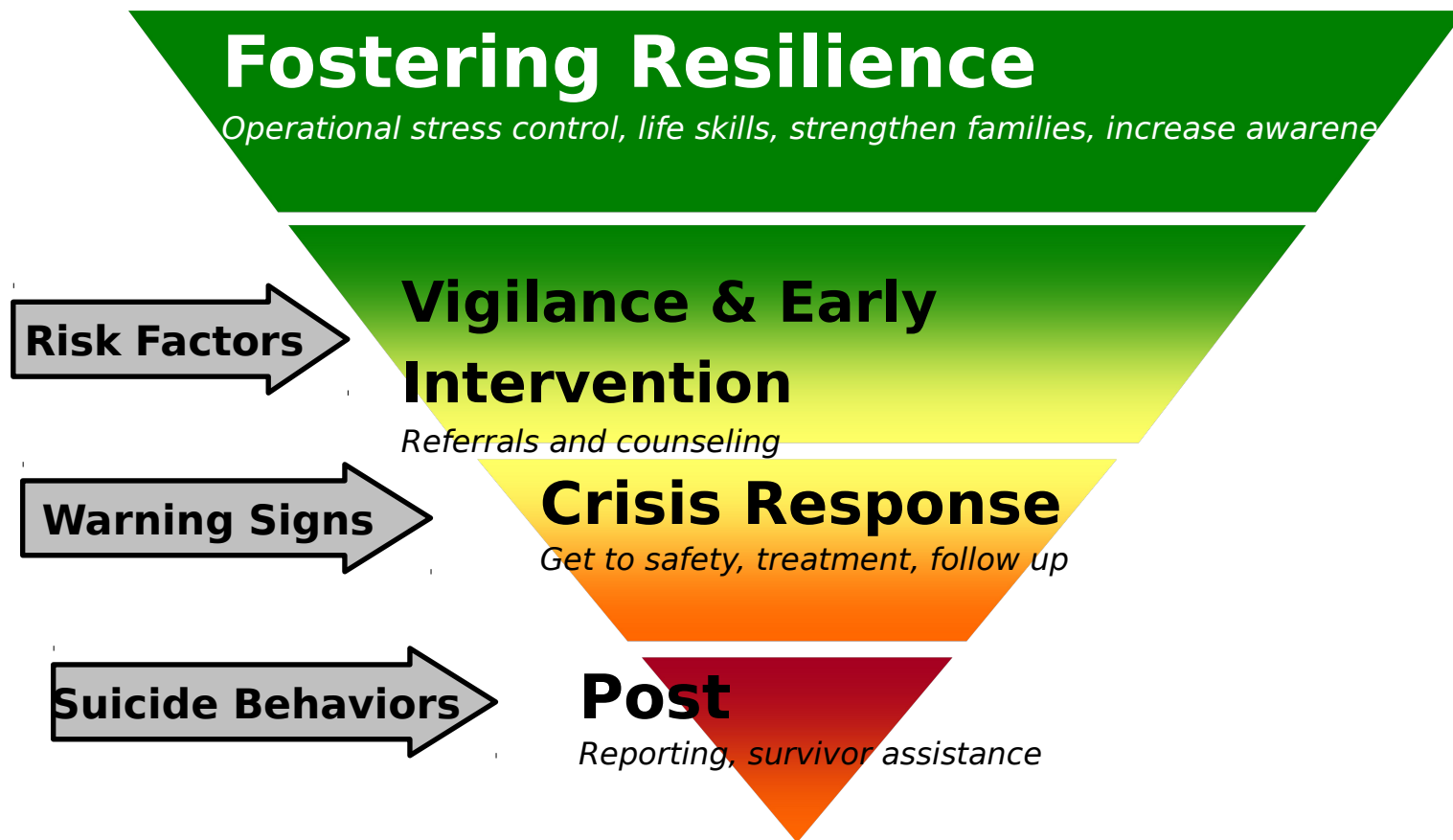


Factors: Chain of Events





Navy Program Update



Enabling Local Action



Compliance and Efficacy Check

Behavioral Health Quick Poll June 2010

86% of Sailors were trained

- Command (53%)
- Computer (41%)
- Other (56%)

81% of Sailors know Ask-Care-Treat

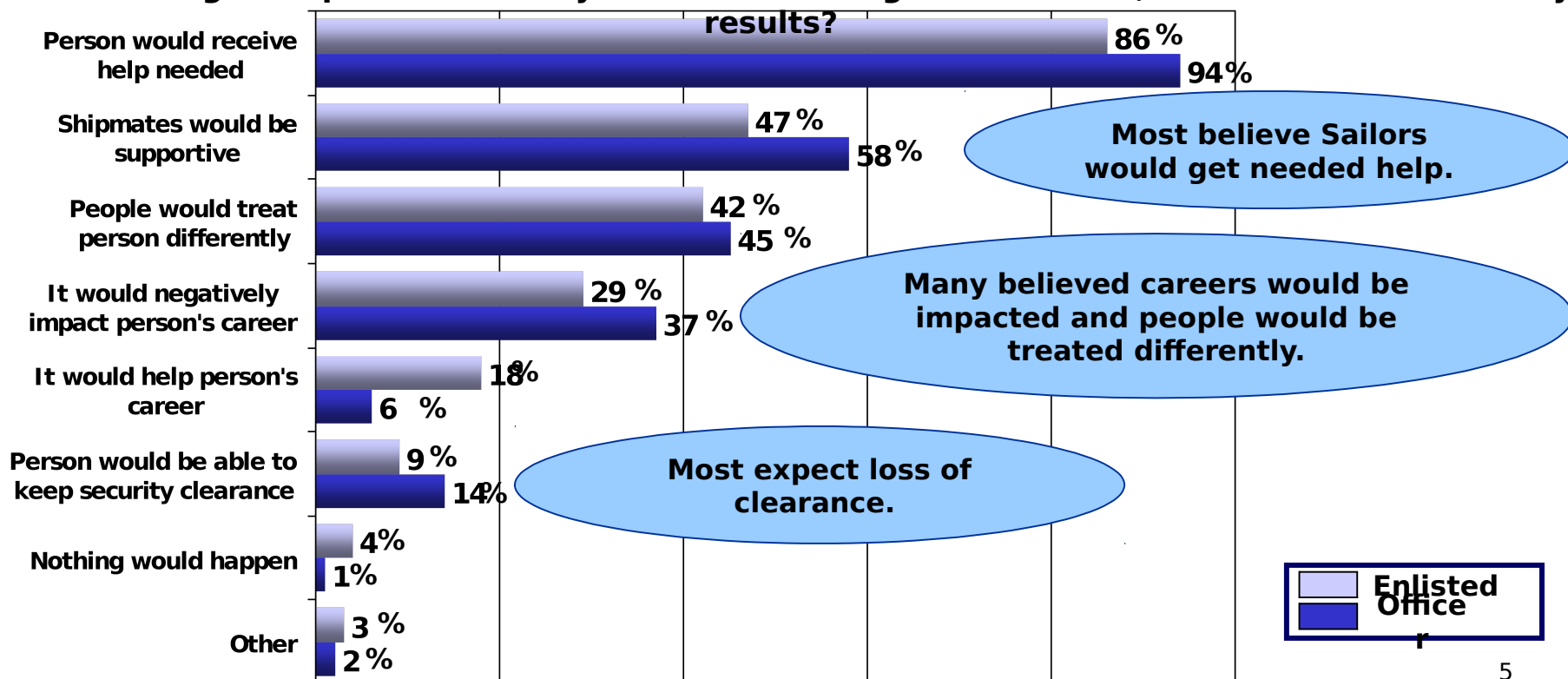
75% prefer live trainers

More than 90% of Sailors feel they know what to do

64% say actions are being taken at their command to prevent suicides

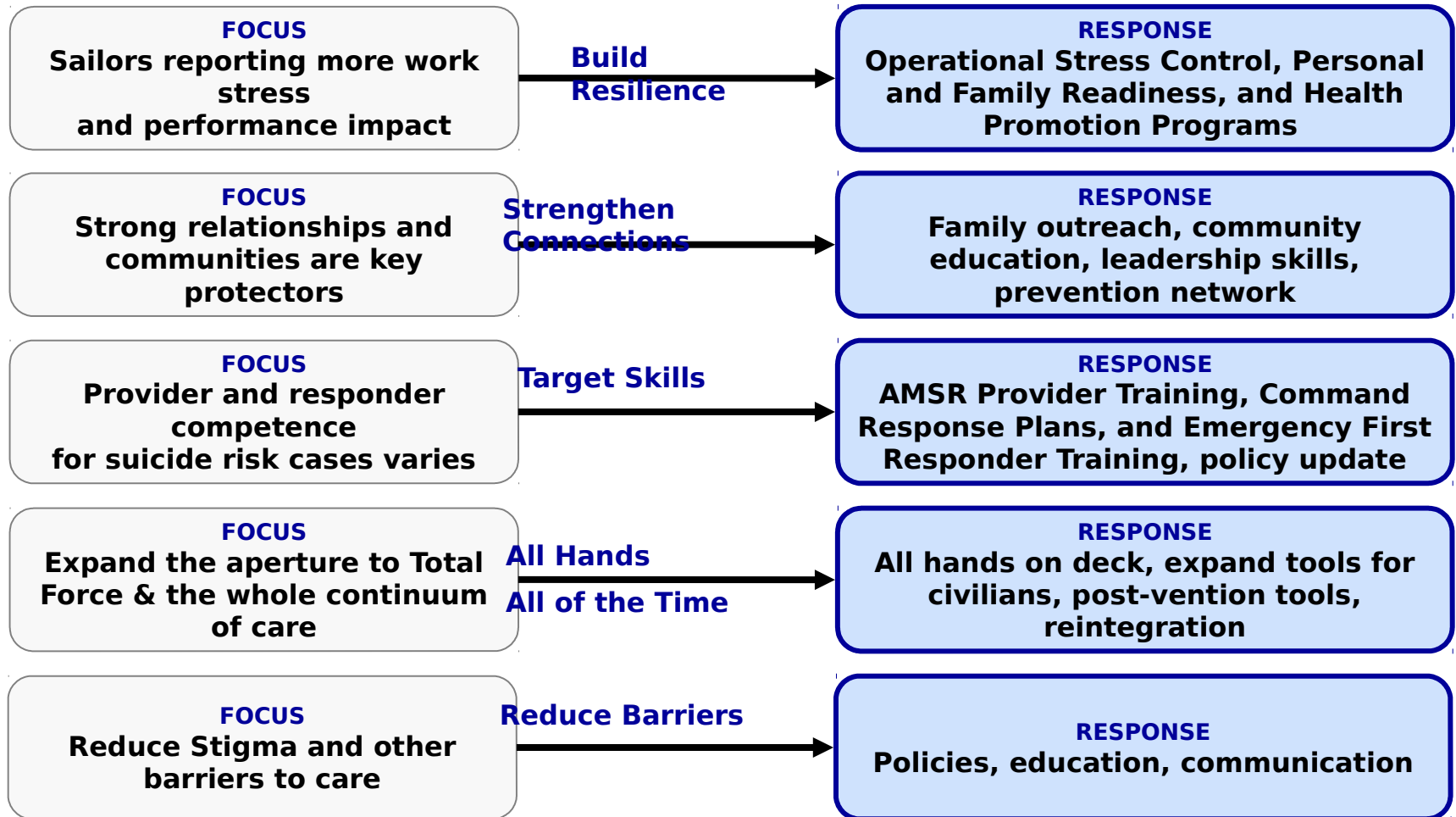
60% know their Suicide Prevention Coordinator (SPC)

If a Sailor sought help from the Navy for suicidal thoughts or actions, what would be the likely results?





2011 Strategic Focus - Navy Suicide Prevention



Lives Worth Living



Warning signs
of suicide are
not always this
obvious...

ACT.

ASK - CARE - TREAT

ASK if someone is thinking
about suicide.

Let them know you **CARE**.

Get them assistance
(**TREAT**ment) as soon as
possible.

Life counts.